

There are many causes of childhood trauma and many signs to look for, but remember that you know your child's behavior best and can recognize changes that may mean something's wrong. If you're concerned about your child, remember to **LOOK:**

Learn

the signs

Observe

changes in behavior

Overcome

their fears

Know

where to turn

Learn about childhood trauma
and find help at

www.LookThroughTheirEyes.org

Courtesy of the Illinois Childhood Trauma Coalition,
Governor's Office of Early Childhood Development,
Bright Promises Foundation, Voices for Illinois
Children, Robert R. McCormick Foundation

Traumatic events can
affect a child at any
age and create life-long
problems. But young
children and babies can't
express what they are
feeling, so...

LOOK THROUGH THEIR EYES

*and Listen
With Your Heart* 

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