

ICTC Monthly

October 2016

Greetings Coalition Members,

Early October highlighted two important opportunities for the ICTC to advocate for mental health awareness, education and action: *Mental Health Awareness Week* observed the first week in October, and *World Mental Health Day* observed on October 10th. Aside from the good work the Coalition does on a daily basis to bring awareness to childhood mental health and trauma prevention, we also joined NAMI in shining a light on mental illness and replacing stigma with hope by taking the #StigmaFree pledge. Individuals, companies, organizations and others can all take the pledge to learn more about mental illness, and take action on mental health issues. To learn more about #StigmaFree and to take the pledge, please visit www.nami.org/stigmfree.

As always, if you have important news to share, job openings, funding opportunities, or relevant information related to childhood trauma, we want to hear from you! Please reach out to us at ictc@uriechildrens.org to be included in next month's newsletter.



In the Spotlight

ICTC members, Dr. Colleen Cicchetti and her colleague, Dr. Tali Raviv met with Senator Dick Durbin and his staff this week to discuss the Bounce Back Intervention Program at Cicero West Elementary School. Bounce Back is an evidence-based program which seeks to help elementary school-aged children who have been exposed to trauma.

In 2014, The Center for Childhood Resilience began implementing the Bounce Back intervention in Cicero School District #99. Senator Durbin is in the process of writing legislation that will help children who have been exposed to trauma, and he plans

to introduce a bill this December. Click [HERE](#) to learn more about Bounce Back.



ICTC Business

In a few short weeks, the next ICTC Quarterly Meeting will be taking place. You should have received a calendar invitation last week, and an announcement with meeting details will follow shortly. To review September's meeting notes, please click [HERE](#). If there are topics you would like to see covered in upcoming meetings, please let us know at ictc@luriechildrens.org. We welcome your ideas and input, and look forward to hearing from you!



Professional Development & Funding Opportunities

The ICTC values sharing information with Coalition members to help continue to address childhood trauma in our communities. Please click [HERE](#) to read more about professional development opportunities available to our members, including job postings, funding opportunities, proposal requests, and trainings. If you have opportunities you would like to share with the Coalition in the next newsletter, please email them to ictc@luriechildrens.org.



News and Media

We've compiled a list of recent articles and media related to childhood trauma and it's prevention for dissemination among the ICTC community. Please click [HERE](#) to see the latest news in childhood trauma with contributions from Coalition members as well as external agencies. If you would like to share news articles or media relevant to ICTC's mission, please email them to ictc@luriechildrens.org.





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